

# 12 Biggest Life Secrets Forgotten By Mankind

## 1. We forgot our place in the natural world

In the last couple of hundred years we have detached ourselves from nature. We have exploited, ravaged, consumed and attempted to control nature to appease our greed driven by self-absorbed madness. We tried to distance ourselves from the natural circle of life. We forgot how to listen to and understand the natural rhythms and cycles of the earth – its signs and languages. We forgot to follow nature's path and live in balance with it.

## 2. We forgot our connection to life and the cosmos

By detaching ourselves from nature, we forgot that we are deeply connected to it and to the cycles of the universe. Some tribes on the outskirts of 'civilisation', and who still follow ancestral ways, have preserved this connection with respect and reverence. We, on the other hand have instilled a sense of separateness which drove us out of balance and in disease. We forgot how all consciousness is interconnected and weaved into a delicate and beautiful dance.

## 3. We forgot our ancient wisdom

We forgot our ancestral wisdom. In the quest to gain scientific knowledge through the rationalisation of our mind, we forgot the wisdom through the opening of our heart. We forgot the ancient stories and folk wisdom that was handed down from from seers and wise men of antiquity who lived in harmony with the universe.

## 4. We forgot our path and our dreams

By stirring away from our inner path we forgot to dream the dream of life. More importantly we forgot how to awake in that dream and see our true nature as co-creators of life – as the dreamers. We forgot that we have the power to weave dreams and use our power of intention to direct those dreams into manifestation.

## 5. We forgot our purpose

With too much chatter, noise and distraction in this dense reality we forgot what we came here to do. We forgot our purpose. We are caught in the mass trance of fabricated consensual reality. We lost sight of our authenticity, that inner spark that drives us towards our happiness and self-realisation. We forgot that we are here to be realised as spiritual beings embodied in a physical form and embedded in a congenial universe.

## 6. We forgot that everything is love

This is perhaps the deepest mystery of all that only some seers came to understand it as an all-embracing truth. That truth however is hidden somewhere deep inside of us. We knew it at some point but have lost touch with it. We forgot that everything is ultimately

energy and consciousness and that love is the fundamental fabric of existence that runs through all energy and consciousness.

### **7. We forgot to forgive**

By being made to believe that we are separate and disconnected from the others and from everything else, we forgot to forgive. In its deepest sense forgiveness is the act of reminding ourselves that we are one with everyone and everything and that there is no victim or perpetrator. It's just all of us together moving together in a dynamic web we call life.

### **8. We forgot to be free**

Remind yourself one thing everyday: You were made to be free.

We were born and raised in a 'reality' where freedom is only a concept. We were bound to the shackles of fear, misconceptions, false ideologies, material reward and held ransom to rules and laws laid down to safeguard the interest of the few. We were made to forget that we are free agents of change. We are free to be who we are without fear or guilt.

### **9. We forgot our real power**

Living in fear has made us forget how powerful we are. We forgot the massive power of our will and intention to change our reality. We have been tranced into sleepwalking and following the ready made signs like automatons.

### **10. We forgot our lessons from history**

If there is something that history has taught us is how fast we are at forgetting our lessons. Time and time again we keep on repeating the same mistakes, stuck in the same patterns of greed and self-destruction. We cannot be blamed individually for the mistakes done by humanity in the past but we are responsible as individuals to remind ourselves of the past mistakes and pass it on to the collective psyche.

### **11. We forgot to be simple**

Human life got more complex and complicated. We are seduced by the glitter of more and not by the power of less. We forgot to be simple and the meaning of simplicity. Life is simple really. Simplicity means discarding all the inessential stuff and ideas that clutter the view to our life purpose and the other truths we have forgotten.

### **12. We forgot to trust, believe and wonder**

We lost our enchantment with the world. We forgot to be wondered by the miracle of life. We do not stand in awe at the majesty of it all anymore. Our skepticism and cynical view of the world has made us lose trust in ourselves and the magic of the universe. We forgot how to believe. This is perhaps the biggest tragedy of all. It weakened our spirit and impoverished our soul.